

# EXODUS PROJECT

*a pathway to re-entry*

## **MENTORING FOR MEN AND WOMEN RELEASED FROM INCARCERATION**

EXODUS PROJECT offers spiritually-based mentoring for men and women of all faiths coming out of Sacramento County correctional facilities. Rooted in the teachings to care for the least among us, EXODUS PROJECT aims to be a bridge of support and compassion during the tenuous transition from incarceration back into the community. Beginning during the last months of incarceration, mentoring continues for six months post-release. This three-year pilot program is run by *Society of St. Vincent de Paul, Sacramento Diocesan Council* and supported by *The Roman Catholic Diocese of Sacramento*.

## **THE APPROACH**

EXODUS PROJECT takes a holistic approach, emphasizing human dignity, self-awareness, and an engaged spiritual and/or religious life. In one-on-one and group mentoring, mentors offer non-judgmental listening and encouragement. Mentors also provide logistical support to Participants looking to secure housing, healthcare, employment, education, and/or faith community involvement. When needed, Mentors can meet Participants “at the gate” and assist with transportation.

## **OUR PARTICIPANTS AND VOLUNTEER MENTORS**

Participants are men and women who have applied to our program, have been screened, and accepted. Mentors come from all faith backgrounds and have completed a comprehensive training program.

## HOW YOU CAN HELP

### **MENTOR**

Be a force for change in a person's life.

First Mentor training in 2019:

Thursdays	June 6 and June 13	6:00p – 9:00p
Saturdays	June 8 and June 15	10:00a – 4:00p

Second Mentor training in September 2019.

Following completion of the 18-hour training, a one-year commitment of 8 hours per month is requested.

### **DONATE**

Your generosity will sustain our efforts.

SVDP Sacramento Council  
P.O. Box 162487; Sacramento, CA 95816  
MEMO LINE: EXODUS PROJECT

### **VOLUNTEER**

Give your time and skills in support of this project.  
Administrative and other opportunities available.

**For more information and mentor application:**

[exodus@svdp-sacramento.org](mailto:exodus@svdp-sacramento.org) ■ (916) 669-0611 ■ [www.svdp-sacramento.org](http://www.svdp-sacramento.org)