



# EXODUS PROJECT

*Sacramento*

## **MENTORING FOR MEN AND WOMEN RELEASED FROM INCARCERATION**

EXODUS PROJECT offers spiritually-based mentoring for men and women of all faiths coming out of Sacramento County correctional facilities. Rooted in the teachings to care for the least among us, EXODUS PROJECT aims to be a bridge of support and compassion during the tenuous transition from incarceration back into the community. Beginning during the last months of incarceration, mentoring continues for six months post-release. This three-year pilot program is run by *Society of St. Vincent de Paul, Sacramento Diocesan Council* and supported by *The Roman Catholic Diocese of Sacramento*.

## **THE APPROACH**

EXODUS PROJECT takes a holistic approach, emphasizing human dignity, self-awareness, and an engaged spiritual and/or religious life. In one-on-one and group mentoring, mentors offer non-judgmental listening and encouragement. Mentors also provide logistical support to Participants looking to secure housing, healthcare, employment, education, and/or faith community involvement. When needed, Mentors can meet Participants “at the gate” and assist with transportation.

## **OUR PARTICIPANTS AND MENTORS**

Participants are men and women coming out of Sacramento County correctional facilities who have applied to our program and been accepted. Mentors are men and women of all faith backgrounds who have completed a comprehensive training program.

<b>MENTOR</b>	<b>VOLUNTEER</b>	<b>DONATE</b>
Be a force for change in a person's life  First Mentor training June 2019.	Give your time and skills in support of this project  Administrative and other opportunities available.	Your generosity will sustain our efforts  SVDP Sacramento Council P.O. Box 162487, Sacramento, CA 95816  MEMO LINE: EXODUS PROJECT

For more information and mentor application: [exodus@svdp-sacramento.org](mailto:exodus@svdp-sacramento.org) / 617-935-9697